

Living and Learning Together – Shining in our Faith



| | | Autumn 1 (7 weeks) | Autumn 2 (8 weeks) | Spring 1 (6 weeks) | Spring 2 (6 weeks) | Summer 1 (5 weeks) | Summer 2 (6.5 weeks) |
|----------|---------|-------------------------------------|---------------------------------|--|--|---|--|
| EYFS | Cycle A | Athletics Fundamental skills | Athletics Gymnastics | Fundamental skills Dance | Multi skills Fundamental skills | Gymnastics | Gymnastics |
| | Cycle B | Dance | Dance Fundamental skills | Gymnastics Fundamental skills <i>Yoga (bolt-on)</i> | Gymnastics Fundamental skills | Bat and ball skills Invasion Games | Athletics Fundamental skills <i>Mini wheelers (bolt-on)</i> |
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| Year 1/2 | Cycle A | Athletics Fundamental skills | Athletics Gymnastics | Fundamental skills Dance | Multi skills Fundamental skills | Invasion Games Striking and Fielding | Invasion Games Striking and Fielding |
| | Cycle B | Dance Fundamental skills | Dance Fundamental skills | Gymnastics Fielding and striking <i>Yoga (bolt-on)</i> | Gymnastics Invasion Games | Athletics Striking and Fielding | Athletics Fundamental skills <i>Y1 Mini wheelers (bolt-on)</i> |
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| Year 3/4 | Cycle A | OAA Invasion Games: Rugby | Dance Gymnastics | Invasion Games Net and wall Dodge ball | Invasion Games OAA | Gymnastics Striking and fielding: Cricket | Gymnastics Striking and fielding: Cricket |
| | Cycle B | Gymnastics <i>Invasion games: Tag rugby (bolt-on)</i> | Gymnastics OAA | Dance Health and Well- being | Football Health and Well- being | Invasion Games Swimming | Invasion Games Athletics |
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| <u>Year 5/6</u> | Cycle A | OAA Invasion Games - Rugby | Dance Athletics | Invasion Games Net and wall – Dodge ball | Invasion Games OAA | Gymnastics Striking and fielding: Cricket | Gymnastics Striking and fielding: Cricket |
| | Cycle B | Gymnastics <i>Invasion games: Tag rugby (bolt-on)</i> | Gymnastics OAA | Dance Health and Well- being | Football Health and Well- being | Invasion Games Swimming (Top up) | Invasion Games Athletics |
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