

The skills I will learn:

For children to demonstrate a variety of rolls/throws at moving targets.

For children to be able to play a version of Dodgeball using the skills learnt.

Skill development recap and development through fun games.

To develop our understanding of tactics.

To throw a ball with increasing accuracy and power.

To understand the rules of the game.

To work as a team to develop tactics.



Health and Safety

Exercise in safe places.

Be mindful of others.

Keep your head up and look around.

Warm up and stretch properly.

Make sure liquids are kept away from the flooring. Clear any spills up quickly and carefully.

Make sure the equipment used is set up properly.

Remove jewellery and wear suitable clothing.

Warm down properly to avoid injury.

Handle equipment with care and consideration for yourself and others.

Vocabulary I will learn:

- **Shoot/ Hit / Throw**
- **Judging distance**
- **Protect the shot**
- **Prevent the points / goals**
- **Tactics**

Space, Time / Task, Equipment, People (*STEP MODEL – Differentiation*)



Dodgeball

Spring Term

Year 3 and 4