

# St Mary's Catholic Primary School

*Living and Learning Together – Shining in our Faith*



## PE Intent Document

### Intent

At St Mary's Catholic Primary School, we actively promote the importance of PE and physical activity. We provide a range of high-quality teaching and learning opportunities that inspire and motivate our children to succeed in Physical Education and become lifelong active learners.

The main aim of our PE curriculum is to ensure children have opportunities to develop the appropriate skills to take part in a broad range of physical activities. We want our children to have the swimming skills to keep themselves and others safe and to be able to enjoy activities on and around water, which is why we ensure all our KS2 children participate in planned swimming lessons and are taught how to be safe around water. Our swimming program is planned on a two-year cycle, including additional lessons for those children who may not achieve the expected standards.

Our PE curriculum will give our children opportunities to be creative, competitive, to reflect on their performances and to make decisions. We want to teach our children how to cooperate and collaborate with others as part of a team and develop an understanding of fair play and equality. We want our children the values of resilience and determination so they can use these skills to tackle challenges. We aim to improve the wellbeing and fitness of all children, so they have the knowledge to help them lead healthy active lifestyles.

All the children at St Mary's Catholic Primary School also enjoy spending an additional sessions of Forest School per year. Forest School is a child-centred inspirational learning process, that offers opportunities for holistic growth. It is a program that supports play, exploration and supported risk taking. It develops confidence and self-esteem through learner inspired, hands-on experiences in a natural setting.

### Implementation

At St Mary's our children will take part in high-quality PE and physical activities throughout the week. We encourage children be to be active at playtimes and lunchtimes using our playground equipment and the fantastic outdoor facilities we have available to us.

All children will have two PE sessions: one of which will be led by a Sports Specialist from the West Lancashire Sports Partnership and one teacher-led lesson per week. Teaching staff use the Succeedin planning for PE which provides excellent resources, progression and skills-based activities for the children, providing a high-quality scheme of work.

We also work with West Lancashire Schools Sports Partnership to provide additional 'bolt on' activities such as: Bikeability, Mini Wheelers, yoga, tag rugby, health and fitness. West Lancashire Schools Sports Partnership also provide opportunities for our children to attend competitions, SEND festivals, G&T events and themed events, for example, the Key Stage 1 Euro Football skills festival.

We provide a wide range of different and accessible after and before school sports clubs. These include running club, football club, gymnastics club, dance club, fencing, cricket and athletics. These clubs run at different times of the year and provide all the children in school with the opportunity to participate in fun, structured PE experiences.

### Impact

Our PE curriculum offers high-quality and well-planned lessons, which encourage progression. Key vocabulary is embedded in each lesson. Throughout school, we measure the impact of our PE curriculum through the following methods:

-Termly assessments carried out by sports coaches and teachers including swimming teachers when appropriate. These assessments and our assessment for learning within each lesson, provide staff with a clear understanding of the children's development and abilities.

-Talking to children during the lesson to ensure they have understood the learning objective – Assessment for learning.

The above enables the teacher to make an informed judgement on the children's understanding and record their PE ability on the West Lancashire Partnership platform for learning (Succeedin) on a termly basis.

For any additional information regarding the PE curriculum please contact Mrs. McGrath (Subject Lead).