



St Mary's Catholic Primary School

Living and Learning Together – Shining in our Faith

PSHE Curriculum Overview

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery & Reception	Cycle A	Settling in Rules & routines We are all unique Building relationships Being healthy Turn taking	Self confidence Dealing with relationships with others Being respectful	Identifying and moderating own feelings Explain their feelings and those of others.	Caring for living things in the environment	What makes a good friend Resilience and perseverance	Taking part in sports day – winning and losing Look how I have changed
	Cycle B	Settling in Rules & routines We are all unique Building relationships Being healthy Turn taking	Self confidence Dealing with relationships with others Being respectful	Identifying and moderating own feelings Explain their feelings and those of others.	Caring for living things in the environment	What makes a good friend Resilience and perseverance	Taking part in sports day – winning and losing Look how I have changed

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1 & 2	Cycle A	Relationships – Families and friendships, Safe relationship, Respecting ourselves and others	Relationships – Families and friendships, Safe relationship, Respecting ourselves and others	Living in the wider world Belonging to a community/ Media literacy and digital resilience/ Money and work	Living in the wider world Belonging to a community/ Media literacy and digital resilience/ Money and work	Health and Wellbeing Physical health and Mental wellbeing/Growing and Changing/ Keeping safe	Health and Wellbeing Physical health and Mental wellbeing/Growing and Changing/ Keeping safe
	Cycle B	Relationships – Families and friendships, Safe relationship, Respecting ourselves and others	Relationships – Families and friendships, Safe relationship, Respecting ourselves and others	Living in the wider world Belonging to a community/ Media literacy and digital resilience/ Money and work	Living in the wider world Belonging to a community/ Media literacy and digital resilience/ Money and work	Health and Wellbeing Physical health and Mental wellbeing/Growing and Changing/ Keeping safe	Health and Wellbeing Physical health and Mental wellbeing/Growing and Changing/ Keeping safe

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3 & 4	Cycle A	Relationships – Families and friendships, Safe relationship, Respecting ourselves and others	Relationships – Families and friendships, Safe relationship, Respecting ourselves and others	Living in the wider world Belonging to a community/ Media literacy and digital resilience/ Money and work	Living in the wider world Belonging to a community/ Media literacy and digital resilience/ Money and work	Health and Wellbeing Physical health and Mental wellbeing/Growing and Changing/ Keeping safe	Health and Wellbeing Physical health and Mental wellbeing/Growing and Changing/ Keeping safe
	Cycle B	Relationships – Families and friendships, Safe relationship, Respecting ourselves and others	Relationships – Families and friendships, Safe relationship, Respecting ourselves and others	Living in the wider world Belonging to a community/ Media literacy and digital resilience/ Money and work	Living in the wider world Belonging to a community/ Media literacy and digital resilience/ Money and work	Health and Wellbeing Physical health and Mental wellbeing/Growing and Changing/ Keeping safe	Health and Wellbeing Physical health and Mental wellbeing/Growing and Changing/ Keeping safe

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 5 & 6	Cycle A	Relationships – Families and friendships, Safe relationship, Respecting ourselves and others	Relationships – Families and friendships, Safe relationship, Respecting ourselves and others	Living in the wider world Belonging to a community/ Media literacy and digital resilience/ Money and work	Living in the wider world Belonging to a community/ Media literacy and digital resilience/ Money and work	Health and Wellbeing Physical health and Mental wellbeing/Growing and Changing/ Keeping safe	Health and Wellbeing Physical health and Mental wellbeing/Growing and Changing/ Keeping safe
	Cycle B	Relationships – Families and friendships, Safe relationship, Respecting ourselves and others	Relationships – Families and friendships, Safe relationship, Respecting ourselves and others	Living in the wider world Belonging to a community/ Media literacy and digital resilience/ Money and work	Living in the wider world Belonging to a community/ Media literacy and digital resilience/ Money and work	Health and Wellbeing Physical health and Mental wellbeing/Growing and Changing/ Keeping safe	Health and Wellbeing Physical health and Mental wellbeing/Growing and Changing/ Keeping safe

