



Relationships

Families and friendships, Safe relationship, Respecting ourselves and others



Key Vocabulary

Change the act, process, or result of changing

Hope a feeling of expectation and desire for a particular thing to happen

Worry feeling uneasy or being overly concerned about a situation or problem.

Conflict a clash between individuals arising out of a difference

Stereotype a widely held but fixed and oversimplified image or idea of a particular type of person or thing.

Challenge a call to someone to participate in a competitive situation

Behaviour how we act or behave.

Friends A person you know like and spend time with

Uniqueness this is what makes us different to each other, unlike anyone else.

Diverse differences, what makes us different. Things that are different to each other.

What I will learn:

Families and friendships

- about the qualities of healthy relationships that help individuals flourish
- ways in which couples show their love and commitment to one another, including those who are not married or who live apart
- what marriage and civil partnership mean e.g. a legal declaration of commitment made by two adults

Safe Relationships

to compare the features of a healthy and unhealthy friendship

- about the shared responsibility if someone is put under pressure to do something dangerous and something goes wrong
- strategies to respond to pressure from friends including online
- how to assess the risk of different online 'challenges' and 'dares'

Respecting ourselves and others

- about the link between values and behaviour and how to be a positive role model how to discuss issues respectfully
- how to listen to and respect other points of view